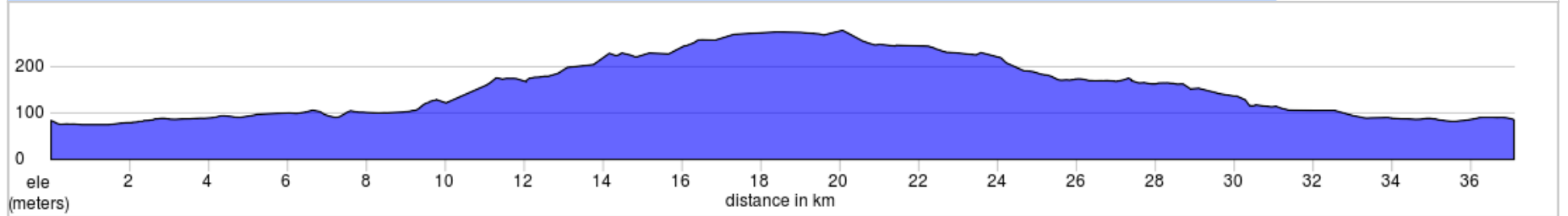
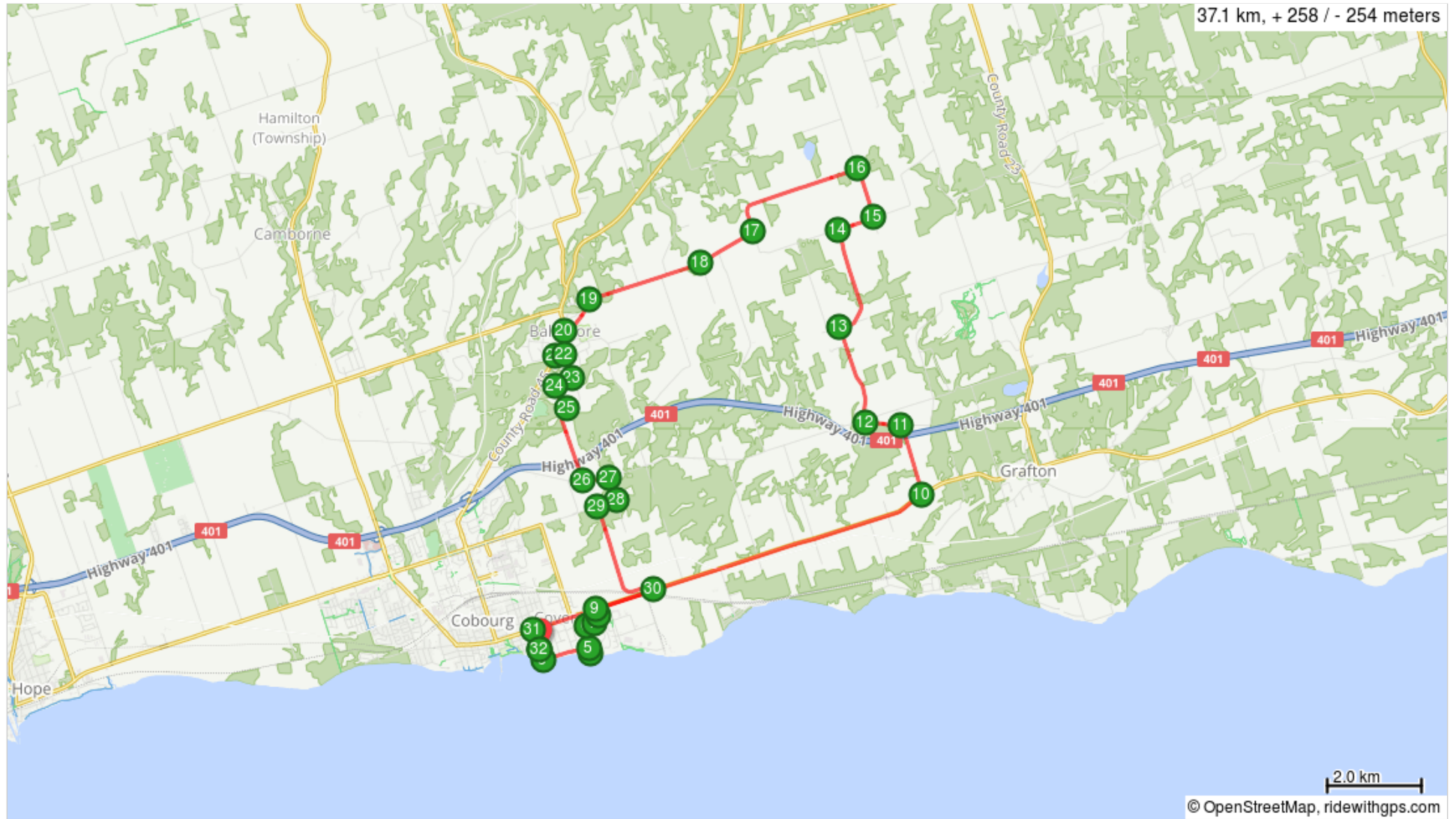


# (37k) It's All Down Hill From Here



37.1 km, + 258 / - 254 meters



## (37k) It's All Down Hill From Here

Note	Dist	Type	Next
Start of route	0.0		0.0
Start location: Donegan Park on D'Arcy St. Head S toward Lakeshore Rd.	0.0	←	0.2
L onto Lakeshore Road	0.2	←	1.0
L onto Coverdale Ave	1.3	←	0.1
R onto Springbrook Rd	1.4	→	0.5
R onto Hamilton Ave	1.9	→	0.2
L onto Hawthorne Ave	2.1	←	0.3

2.1 kilometers. +4/-7 meters

Note	Dist	Type	Next
L onto Maplewood Blvd	2.3	←	0.1
R onto County 2 Rd/King St E	2.5	→	7.3
L onto Gully Rd (signs for Gully road)	9.8	←	1.5
L to stay on Gully Rd	11.3	←	0.8
R onto Hoskin Rd	12.1	→	2.1
R onto The Scots Line	14.2	→	2.4
R to stay on The Scots Line	16.5	→	0.8
L onto Speechley Rd	17.3	←	1.1

15.3 kilometers. +204/-30 meters

Note	Dist	Type	Next
L onto Community Center Rd	18.4	←	3.0
R to stay on Community Center Rd	21.4	→	1.3
Continue onto Community Centre Rd	22.7	↑	2.5
Continue onto Community Center Rd	25.2	↑	0.9
L onto Route 45	26.0	←	0.6
L onto Van Luven Rd	26.6	←	0.2
R onto Nagle Rd	26.8	→	0.5

9.5 kilometers. +10/-115 meters

Note	Dist	Type	Next
R onto Hircock Rd	27.3	→	0.4
L to stay on Hircock Rd	27.7	←	0.6
R onto Nagle Rd	28.4	→	1.6
L onto Danforth Rd	30.0	←	0.5
R onto Jarvis Rd	30.5	→	0.5
R onto Elgin St E	31.1	→	0.4
L onto Workman Rd	31.5	←	2.5
R onto County 2 Rd	34.0	→	2.7

7.2 kilometers. +1/-85 meters

Note	Dist	Type	Next
L onto D'Arcy St	36.7	←	0.4
End of route	37.1	🏁	0.0

3.1 kilometers. +0/-4 meters

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