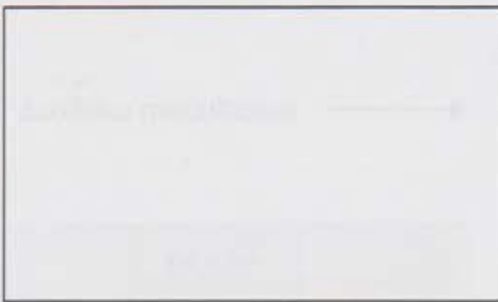




October 5, 2017



The healthy way to support your community!

A YMCA membership means not only having access to great programs and motivated staff ready to help you achieve your health and fitness goals, but also giving back to your community. The YMCA is a charity and by becoming a member you're helping support local initiatives and build healthy communities.

Great programs, plenty of activities!

- Choose from a variety of programs included in your membership.
- Convenient hours of operation.
- 10 weekly cycling classes
- 18 weekly yoga classes
- use our spin bikes any time
- Free sessions with our great trainers

We invite you to present this letter with proof of your cycling club membership to our Membership Services desk for a free 2-week trial membership.

For more information on our programs and services please visit our website at www.ymcanorthumberland.com.

We look forward to seeing you!

Sincerely,

Mette Aarlev

Coordinator, Adult Programs

maarlev@ymcarnorthumberland.com

Building healthy
communities